

Warm up philosophy and sample activity:

Part 1- 50 pts

Write a paper detailing your opinion of what a theatre warm-up should accomplish. Include ideas on the reasons, why actors should (or should not) do a warm up, what the purpose of warm up is and give ideas of different warm ups for different kinds of activities. Paper should be 1 ½ to 2 pages long, typed, double space and should be free of typographical errors. Spelling and mechanical errors will be counted against your grade. This will count as a writing sample for this class.

Part 2- 25 pts (assigned after warm up is lead in class)

Then write a sample warm up including the kind of play or activity the warm up would be used for. You will lead the warm up including introducing it for the class being sure to explain the context that the warm up would be used in.